

OSSTF District 13 Durham
Women's Advocate Program
Community Resource List for Members Addressing Violence Against Women

Type of Resource / Name of Organization	Contact Information and Brief Service Information
Shelters - may offer the following services	<ul style="list-style-type: none"> • 24 hr access to safe secure emergency housing for women • 24 hr phone counselling support • individual and group therapy for residents • outreach services for women outside of shelters e.g. referrals, counselling, information • support information assistance with transitional issues (safety planning, housing family/criminal court, employment, obtaining income)
Anishnaabe Kwewag Gamig, Alderville Women's Shelter AKG Shelter	<ul style="list-style-type: none"> • South East Region of Ontario (First Nations of Rama, Alderville, Scugog Island) • Women and children • Crisis Line: 905-352-3708 or 1-800-388-5171 • Website: AKGShelter – AKG Women's Shelter https://akgshelter.ca
Bethesda House	<ul style="list-style-type: none"> • Bowmanville • Women, Individuals presenting as women, children, youth and pets • Crisis line: 905-623-6050 or 1-800-338-3397 frontline@bethesdahouse.ca • Website Contact Us Bethesda House https://bethesdahouse.ca
Cornerstone Emergency Shelter	<ul style="list-style-type: none"> • Oshawa • Men 16 and above • Phone: 905-433-0254 • Website: Contact - Cornerstone Community Association Durham (cornerstonedurham.com)
Denise House	<ul style="list-style-type: none"> • Oshawa • Women and children • Crisis Line: 905-728-7311 or 1-800-263-3725 • Website: Contact Us (thedenisehouse.com) https://thedenisehouse.com

Doors of Compassion Christian Faith Outreach Centre	<ul style="list-style-type: none"> • Ajax and Oshawa • Supportive housing for homeless - males and females over 18 years, * do not accommodate children • Contact Back Door Mission, Oshawa (905) 728-4664 or Ajax Hub (905) 626-6576 for intake • Agency Phone: 905-619-1109 • Website: Doors Of Compassion – Christian Faith Outreach Centre (cfoc.ca)
Durham Youth Services Joanne's House	<ul style="list-style-type: none"> • Ajax • Youth (male and female) 16-24 years • Crisis Line: 905-239-9477 • Website: Emergency Shelter Durham Youth Services https://durhamyouth.com
Herizon House	<ul style="list-style-type: none"> • Ajax • Abused Women and Children • Crisis Line: 1-866-437-4066 • Website: Herizon House – the first steps towards hope https://herizonhouse.com
Muslim Welfare Home (Muslim Welfare Home of Toronto)	<ul style="list-style-type: none"> • Whitby • Family shelter • Crisis line: 905-665-0424 • Website: www.muslimwelfarecentre.com
YWCA Durham Y's WISH	<ul style="list-style-type: none"> • Oshawa • Persons who identify as women and children • Crisis line: 905-576-2997 or 1-888-576-2997 • Website: YWCA Durham A Turning Point for Women https://www.ymcadurham.org
Help Lines / Crisis Lines	If you, or someone you know needs immediate assistance please call: 911
Assaulted Women's Helpline	<ul style="list-style-type: none"> • 24 hr anonymous telephone counselling, support, referral • abused women throughout Ontario • Multilingual • Phone: 1-866-863-0511 • Phone: #SAFE on Bell, Fido, Telus or Rogers mobile phone • Toll free TTY 1-866-863-7868 • Seniors Safety Line: 1-866-299-1011 • Talk 4 Healing - Culturally Grounded Helpline for Indigenous Women: 1-888-200-9997 • Website: https://www.awhl.org/

Connex Ontario:	<ul style="list-style-type: none"> • 24 hr help line with database of OHIP covered mental health, addictions and gambling services • Phone: 1-866-531-2600 • Website: https://www.connexontario.ca/en-ca/
Distress Centre Durham - Helpline	<ul style="list-style-type: none"> • 24 hr telephone support for emotional support, crisis management and community referral information • Phone: 1-800-452-0688 or 905-430-2522 Text 258258 on SMS enabled phone • Pride Line: 1-855-877-7433 • Website: https://distresscentredurham.com/
Durham Mental Health Service Crisis Line	<ul style="list-style-type: none"> • 24 hour Crisis Access Linkage Line C.A.L.L. Phone: 1-800-742-1890 or 905-666-0483 • Website: https://dmhs.ca/
Durham Region Domestic Violence/Sexual Assault Care Centre Lakeridge Health Oshawa	<ul style="list-style-type: none"> • 24 hour emergency medical services and counselling support for victims of domestic violence and sexual assault • Medical care, forensic kits and documentation of injuries for victims • Phone 905-576-8711 ext. 3286
Durham Rape Crisis Centre, P.O.Box 54039, 8 King Street East, Oshawa, Ontario, L1H 8T2	<ul style="list-style-type: none"> • 24 hour crisis line provides support and programs for individuals of all ages who have experienced recent or historical childhood sexual abuse, sexual harassment sexual assault or violence. • Services included counselling, support groups, advocacy and accompaniment to the hospital, police and court proceedings • Phone: 905-668-9200 • Website https://drcc.ca
Kids Help Phone Across Canada	<ul style="list-style-type: none"> • Phone: 1-800-668-6868 • Website: https://kidshelpphone.ca/ • Languages: English, French or Arabic
Ontario Shores, Centre for Mental Health Sciences Crisis Line	<ul style="list-style-type: none"> • 24 hour mental health crisis line • 1-800-263-2679 • Website: https://www.ontarioshores.ca/accessing-care/need-immediate-help • The Central Intake team is available by calling 877.767.9642 Monday to Friday, 8:30 a.m. to 4:30 p.m.
Talk4Healing Help Line (included with Assaulted Women's Helpline above)	<ul style="list-style-type: none"> • 24 hours Canada wide • Indigenous women • Service in 14 different languages • Culturally Sensitive Crisis Counselling advice and Support, information and referrals Service in 14 different languages

	<ul style="list-style-type: none"> • Crisis Line: 1-800-200-9997 • Phone: 1-855-554-HEAL (4325)
The Support Services Network for Male Survivors of Sexual Abuse program in Ontario	<ul style="list-style-type: none"> • Male survivors of sexual abuse (recent and historical) access individual and group counselling, peer support referrals • 24 hour multilingual toll-free phone line for immediate crisis and referral services • Crisis line: 1-866-887-0015
Community Services	
DRIVEN 707 Simcoe St. South, Oshawa, ON L1H 4G7	<ul style="list-style-type: none"> • Oshawa • Women experiencing gender based violence • Specialized services at one location • Mon-Fri 9 am to 5 pm • Virtual services by phone or video • Clinic Open Mondays 8:30-4:30 • 1-877-723-3905 • Messages responded to within 2 business days • Website: DRIVEN (durhamdriven.com)
Legal & Police Services	
Durham Regional Police, Victim Services of Durham Region	<ul style="list-style-type: none"> • Provides information and support regarding police involvement in DV situations • Answers questions re: charges, status, progress of court process and safety options • Monday to Friday • 8 a.m. to 5 p.m. • Phone 905-579-1520 ext 3400
Victim/Witness Assistance Program, Ministry of the Attorney General	<ul style="list-style-type: none"> • Provides Services to victims of domestic violence or abuse involved in court process because charges laid against their abuser • Monday to Friday, 8.30 to 5:00 pm • Phone: 905-743-2790 • No in person service due to COVID pandemic • Call , leave message, calls returned within 1 business day
Family Law Information Centre & Family Mediation Centre 150 Bond St. E., 1st floor,	<ul style="list-style-type: none"> • Provides information, referrals and support about family court issues (separation, divorce, custody/access, child/spousal support, restraint orders) • Assistance with applications for emergency court orders for custody and access, restraining orders and exclusive possession of the family home.

Oshawa, ON	<ul style="list-style-type: none"> • Available on-line currently, Court house is called • Phone :905-579-1988 or 1-877-294-6529
Durham Community Legal Clinic, Midtown Mall, 200 Johns S. West, Oshawa	<ul style="list-style-type: none"> • Legal representation to low-income Durham Region residents in some areas of law • Phone: 905-728-7321 or 1-888-297-2202 for appointment • Website: Home - Durham Community Legal Clinic and Access to Justice Hub www.durhamcommunitylegalclinic.ca
Luke's Place Support and Resource Centre 707 Simcoe Street South, Box #3 Oshawa, Ontario L1H 4K5	<ul style="list-style-type: none"> • Family law support for persons who identify as women fleeing abuse • Support and information about child custody and access issues • Working Virtually • Office hours: Monday to Friday 9 to 4.30 p.m. closed for lunch 12 to 1 • Phone: 905-728-0978 or 1-866-516-3116 • Email: admin@lukesplace.ca • Website: https://lukesplace.ca/
Legal Aid Ontario Oshawa Office 111 Simcoe St N, Oshawa, ON L1G 4S4	<ul style="list-style-type: none"> • Legal aid for domestic violence, family, criminal mental health refugee and immigration legal issues • Legal Clinics • Phone: • Office closed in Oshawa due to COVID19 • Applications taken via Client Service Centre, Mon-Fri 8 am-5 pm * 1-800-668-8258 • Website: https://www.legalaid.on.ca
Law Society Referral Service	<ul style="list-style-type: none"> • Provides name of lawyer who will provide up to 30 minutes of free consultation to help you learn your rights and options. • Does not provide legal advice. • Phone: 1-855-947-5255 or 1-416-947-5255 • Call between 9 a.m. to 5 p.m. • Website: https://lso.ca/public-resources/finding-a-lawyer-or-para-legal/law-society-referral-service
Legal Line	<ul style="list-style-type: none"> • Free pre-recorded legal information through telephone and internet. Does not provide legal advice. • Search example: domestic assault, child/spousal assault • Website: Legal Line FREE Legal Information www.legalline.ca • Advertises legal services that you pay for
ARCH Disability Law 55 University Ave 15th Floor Toronto, M5J 2H7	<ul style="list-style-type: none"> • Legal service for persons with disabilities • Phone: 1-866-482-2724. or 1-416-482-8255 • Website: ARCH Disability Law Centre Home www.archdisabilitylaw.ca

	<ul style="list-style-type: none"> • Currently closed to in-person due to COVID • Hours: Mon to Friday 9 a.m. to 5 pm • No intake on Thursdays
Durham Family Court Clinic, 44 Richmond St West , Suite 201, Oshawa, ON L1G 1C7	<ul style="list-style-type: none"> • Specialized assessment, counselling, mental health supports for youth in conflict with the law and their families • Phone: 905-436-6754 • Website: http://www.dfcc.org/
Financial Supports	
Social Assistance and Employment Supports (Ontario Works)	<ul style="list-style-type: none"> • Social assistance program. Helps people who need money or help finding a job. • Phone: 905-428-8982 • Website: https://www.durham.ca/en/living-here/ontario-works-social-assistance.aspx?_mid_=24321#Whitby
Free Income Tax Clinic Durham Region Immigration Portal	<ul style="list-style-type: none"> • Clinics available for people whose total family income within family size income limits, and tax situation is simple • Website: https://www.durhamimmigration.ca/en/work-and-study/income-tax-clinics.aspx
Food Banks	Call for current information on hours,location and access
Ajax/Pickering Salvation Army – House of Hope Church	<ul style="list-style-type: none"> • Phone: 905-427-7123
Pickering St.Paul's On the Hill Food Bank	<ul style="list-style-type: none"> • Phone: 905-839-9537 • Food bank Open Tuesday & Friday • Register in advance
Beaverton/ Cannington/ Sunderland Brock Community Food Bank	<ul style="list-style-type: none"> • Phone: 1-705-426-1771 • Open Fridays 10 - 1
Brock Nourish and Develop Foundation	<ul style="list-style-type: none"> • Phone: 1-705-432-2444 • Call to book appointment • Open Monday 10-4, Wednesday 10-7, Friday 10-4
Bowmanville Salvation Army:Food Bank	<ul style="list-style-type: none"> • Phone: 905-623-2185 • Call to register & make appointment

Newcastle/Clarington East Food Bank	<ul style="list-style-type: none"> • Phone:: 905-987-1418 I to register • www.claringtoneastfoodbank.ca • 279 King Avenue East, Behind Optical business
Oshawa New Life Neighbourhood Centre:	<ul style="list-style-type: none"> • Phone: 905-404-2004 to register • 33 Olive Avenue, Oshawa
Oshawa Salvation Army Community & Family Services	<ul style="list-style-type: none"> • Phone: 905-723-7422 Ext.1 -1 to make appointment, • Need photo ID & proof of income & residence • 45 King Street East, Albert st entrance • Website: www.saoshawa.ca
Oshawa Seventh Day Adventists Clothing and Food Bank	<ul style="list-style-type: none"> • Phone: 905-433-8800
Oshawa Simcoe Hall Settlement House	<ul style="list-style-type: none"> • Phone: 905-728-7525 • Call in advance
Oshawa St. Peter's Anglican Church	<ul style="list-style-type: none"> • Phone: 905-728-8080 • Open Tuesdays 6.30 p.m.- 7.30 p.m. • Take photo Id & proof of residency south of the 401
Oshawa Zion/Hope Food Bank:	<ul style="list-style-type: none"> • Phone: 905-436-3255 • Open Thursdays 9 am to 11 am • 409 Adelaide Ave. East, oshawa, L1G 2A2
Port Perry Operation Scugog Food Bank	<ul style="list-style-type: none"> • Phone: 905-985-3087
Uxbridge St. Andrew's Chalmers Presbyterian Church Uxbridge Loaves and Fishes Fiid Bank	<ul style="list-style-type: none"> • Phone: 905-852-6262
Whitby/Brooklin Salvation Army – Family Services:	<ul style="list-style-type: none"> • Phone: 905-430-3454 • Website: https://sawhitby.ca/food-bank/
For more Food Resources:	<ul style="list-style-type: none"> • Phone: 905-666-6241 • Website: durham.ca/healthyeating

Durham Health Connection Line:	
Housing Services	
HOUSING & EVICTION SERVICES Ajax/Pickering: Community Development Council Durham:	<ul style="list-style-type: none"> • Phone: 905-686-2661 • Open M-F- 8:30- 4:30
Clarington: John Howard Society:	<ul style="list-style-type: none"> • Phone: 905-623-6814 • Open M-F- 8:30- 4:30 • WebsiteL jhsd.ca
Oshawa-Whitby: John Howard Society:	<ul style="list-style-type: none"> • Open: M to F 8:00 a.m.- 4:00 p.m • Phone: 905-579-8482.
Scugog-Brock: North House:	<ul style="list-style-type: none"> • Housing Support • Phone: 289-640-1929
Region of Durham Durham Access to Social Housing (D.A.S.H.)	<ul style="list-style-type: none"> • Open M to F 8:00 a.m. to 5:00 p.m. • Phone: 905-668-7711 • Website: https://www.durham.ca/en/living-here/durham-access-to-social-housing-dash.aspx