

OSSTF - Provincial Election Readiness



Richard McCormack
District Representative

With the upcoming provincial election just around the corner, it is time that OSSTF and its members turn their attention towards making a change in our provincial government. With recent announcements by the government to eliminate license plate renewal fees, remove COVID-19 mandates, and remove tolls on highways 412 and 418, it is clear the Conservatives have turned their focus towards being re-elected as a majority government.

We cannot forget that it took a considerable effort in the last round of bargaining to push back against a Conservative government whose goal was to increase the average class size to 28:1. While settling at an average class size of 23:1 did have an impact on the staffing here in District 13 – Durham, know that without our collective efforts, it would have been a

much more severe impact had it remained at 28:1.

It would be hard to forget the way this majority Conservative government navigated their way through the COVID-19 pandemic. Arguably, many decisions were made with a political impact in mind as opposed to the health and well-being of the citizens of Ontario. I am sure none of us will forget how much impact this government has had on the professional lives of education professionals across the province at every turn.

The actions undertaken by the Conservative government illustrate how closely linked the upcoming provincial election is with the next round of bargaining when our collective agreement expires on August 31, 2022. When it comes time to negotiate a new collective agreement, it would be useful to have a new government at that table or even a minority government.

We are looking for members to consider what they would

be willing to do to help turn a majority Conservative government into a minority one or perhaps removing them as government altogether. Consider giving 4 hours of your time for 4 years of labour peace. Every small action can make a difference and there are three ways members can become involved in the provincial election: voting, volunteering, and donating. You can do this in

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OSSTF - Provincial Election Readiness (cont'd)






tiny, small, medium and large ways. Tiny ways to get involved would include making sure you are registered and vote for the OSSTF-endorsed candidate in your riding. Small activities could include donating \$20 to an education-friendly political candidate, sharing a social media post related to the OSSTF Education Platform, (see graph below) or talking to a friend or family member about the challenges that you are facing in education and why a new government is needed. A medium action is something like attending the Ontario Federation of Labour Day of Action on May 1st, helping an OSSTF-endorsed candidate on their campaign for four hours or attending an OSSTF event for the election. A large action would be to get 10 of your friends to vote for an education-friendly candidate and making sure they vote, volunteering for at least two days of canvassing for an OSSTF-endorsed candidate, or completing a number of the actions mentioned above.

Oshawa MPP Jennifer French has been officially endorsed for re-election by OSSTF. Please consider supporting her re-election campaign to ensure that the next 4 years in education are not like the last. More education-friendly candidates will be endorsed by

OSSTF in the weeks leading up to the provincial election. Please stay tuned for candidates in your area.

It is possible to make an impact within our local ridings. At the time of this article, current polls reflect a Conservative majority government. In the Oshawa riding, OSSTF-endorsed candidate and current MPP, Jennifer French, is in a battle to retain her seat against the Conservative

candidate. In the Ajax riding, the sitting MPP, Rod Phillips, is not running for re-election and this riding could see a turn from the Conservatives. These are just two ridings where our members could impact the results of the provincial election. Remember that we can all make an impact on the election in tiny, small, medium and large ways. Consider what actions you can take to ensure four years of labour peace.

WHAT WE WANT	HOW IT WILL REBUILD ONTARIO	WHAT IT LOOKS LIKE
INCREASING STUDENT-CENTRED SUPPORTS AND SERVICES	 TRAUMA RECOVERY	Creating safer school buildings and campuses, promoting student and worker mental health, and promoting healthy communities.
CENTRING SCHOOLS AS PART OF OUR COMMUNITIES	 STRONG COMMUNITIES	A robust publicly-funded education system is dependent on investments in communities and public services. Strong public services fuel economic growth.
IMPROVING LEARNING CONDITIONS FOR ALL	 STUDENT SUCCESS	In-person learning, no hybrid, no mandatory e-learning, access to programming, small class sizes.
ADDRESSING SYSTEMIC INEQUITIES	 EQUITY	Confronting and dismantling anti-Black racism, racism, anti-Indigenous practices, social and geographical inequities.
PROVIDING SAFE, HEALTHY LEARNING AND WORKING CONDITIONS	 SAFETY AND JOBS	Strengthened mental, physical, and social health protections, including COVID-19 and fixing repair backlog.

YOUR VOICE YOUR SPACE YOUR UNION

Changes are Happening in District 13



Garrett Metcalfe
District Representative

District 13 is fully committed to acknowledging the historic and contemporary systems of oppression and the impact these have on our members. We recognize the systemic and social barriers that many of our members face within the education system and within our own federation and we recognize the need to actively push for systemic change!

When an office position became vacant, your District 13 Executive made the decision to restructure the portfolios of the office staff to include anti-oppression and equity as a top priority. We are literally putting our money where our mouths are when it comes to committing to restructuring how we do business. In addition to this new portfolio, a new Anti-Oppression and Social Justice Lead position on Executive has been established to ensure that we are truly providing space and

voice at the decision-making table of our union! Kokhulani Yasodaran has been appointed to this position.

Kokhulani and I have been actively challenging our union to do better when it comes to access, voice and leadership opportunities for our rights and equity seeking members. We are pleased to say that to date, District 13 is listening and change is happening.

In addition to the new office staff portfolio and our Anti-Oppression and Social Justice Lead position on Exec, our District has established some advisory committees and an umbrella Anti-Oppression & Social Justice Collective. The purpose of all of these committees is to provide opportunities for folks to come together to support each other, advocate for change and find space for voice and leadership in their federation.

Our Indigenous Collective was the first to be established and meets informally around once a month. Our Black Advisory Committee is well established and has proven to be a powerful voice in pushing for changes. They have moved action items forward to the Executive and are being heard. District 13

welcomes our members to join either of these committees at any time. Other equity-seeking groups are also encouraged to create their own advisory committees. There has been interest expressed to form Jewish, Queer, Neurodiverse, and Women's advisories by individuals looking for others to join them to create a committee. Please reach out and help us make this happen!

Finally, under Kokhulani's leadership, we have also established an Anti-Oppression & Social Justice Collective. This group is a collective of all rights and equity seeking identities coming together in empowerment for change! To date, the group has met twice and has been an incredibly supportive space providing folks with an opportunity to share lived experiences and begin to identify areas of need in the hopes of advocating for change.

While this is just the beginning of our journey, District 13 is pleased with our new direction and welcomes the full participation of all members to ensure we can continue this important work.

If you are interested in joining or starting an equity-seeking

YOUR VOICE YOUR SPACE YOUR UNION

Changes are Happening in District 13 (cont'd)

collective, please reach out to either Kokhulani or myself for information. We need and value your voice in D13.

Contact information:
Garrett Metcalfe
Garrett.Metcalfe@d13.osstf.ca

Kokhulani Yasodaran
Khogu.y@gmail.com

Join Our Anti-Oppression & Social Justice Collective!



CALLING ALL RIGHTS/SOVEREIGNTY and EQUITY SEEKING MEMBERS!

Under the leadership of our newly created Anti-Oppression and Social Justice Lead, our collective is now up and running. Members are invited to join and help District 13 lead the way in advocating for social justice and equity within our union and the education system here in Durham. Support each other in collective and make a DIFFERENCE!

Please contact Garrett at garrett.metcalfe@d13.osstf.ca or call the office at 905 668 7100 for further information and upcoming meeting dates

Your Voice

Your Space

Your Union

How to choose the Right Vehicle

Provided by OTIP



When it comes to finding the right car for you, there are pros and cons to both new and used vehicles — but ultimately, your decision will likely come down to budget and your driving habits. So how do you choose the right vehicle for yourself? Consider these factors before deciding.

Read more at www.otip.com/article138.

Lifting COVID-19 Health & Safety Measures in Schools



Richard McCormack
District Representative

The most recent direction from the Ministry of Education lifts the health & safety measures that were in place to protect staff and students from the spread of COVID-19. This has caused another level of angst amongst our membership.

In anticipation of the removal of health and safety measures, District 13 sent a survey to members to gather feedback for OSSTF and to share with the Board around their thoughts on the removal of masking mandates. That survey indicated that 60% of the members who responded were not comfortable with the mandates being removed. These results were shared with the Durham Public Health Unit, the Director of Education and the Chair of the Board.

Additionally, District 13 OSSTF sent a letter to the Durham Region Medical Officer of Health, Dr. Robert Kyle, and copied to the Director of Education. This letter advocated for COVID-19

safety measures to remain in place within Durham schools until the end of the school year.

Provincial OSSTF has continued to meet weekly with an epidemiologist, Dr. Amy Greer, and other experts in ventilation. Current data from the Ontario Science Table is reviewed weekly and the risk level in the various public health units across the province is assessed. Recently, Provincial OSSTF has written to the Minister of Education, copied to the Minister of Health, expressing their concerns with lifting the public health measures in schools. In a COVID-19 update issued on March 10th, Provincial OSSTF indicated that at this point, it appears the decision to make masking in school settings a choice was not based on scientific evidence. In fact, the head of the Ontario Science Table says the decision was premature. This decision also runs counter to the advice from respected children's hospitals, including Sick Kids and the Children's Hospital of Eastern Ontario.

OSSTF/FEESO's goal has always been to ensure this government prioritizes member health and safety. OSSTF/FEESO will continue to advocate for measures that prioritize health and safety and, to the greatest extent possible, make our

schools, worksites, and communities, as safe as possible. We are committed to ensuring the government and Chief Medical Officer of Health deliver on their promise to continue the provision of high quality masks for staff, including N95 masks, and for students, as well as access to rapid antigen tests. In addition, we still believe it is both prudent and necessary to maintain the infection prevention and control measures currently in place at schools, including screening, masking, isolation protocols, air quality measures, and physical distancing during lunch and breaks.

The Durham District School Board has made a commitment to continue providing non-fitted N95 masks for any staff who choose to continue masking and three-ply masks for students who choose to continue masking. The Board is still required to report school absences and they will continue to report school absences that exceed 30% of the school population to Durham Region Health Department.

The complete COVID-19 updates provided by Provincial OSSTF, which include some of the information noted above, can be found in Update #29 on March 3, 2022 and Update #30 on March 10, 2022.

Shane Stagg for District and TBU President



- Strength of Character
- Integrity
- Commitment to the District
- Focused on Equity

Let us proudly build
on our future together!

It has been a tremendous honour to serve and represent members of District 13 through the challenges over the past year.

I remain dedicated to representing individuals and the membership with the Board and the public. My promise is to continue to serve with the commitment members expect and deserve.

Both as TBU President, representing Permanent Teachers, and as District President, serving all members including Occasional Teachers and Professional Student Services Personnel, I am proud to work with, and for, such a dedicated group of education professionals.

Together with dedicated branch representatives, a vibrant District Executive, a talented team at the District Office, and a membership devoted to public education, we are ready to take on new challenges.

With your continued support, I look forward to serving you into the future.

Please elect Shane Stagg for District and TBU President.

District and TBU President
Chair of District Executive
Chair of District Council
Chair of Joint Employee Relations Committee

Chair of Constitution Committee
Chair of Political Action Committee
Grievance Officer
Provincial Councillor

Proven Leadership

Re-Elect George Chaktsiris for District 13 Vice President

We are better Together!



District Vice President	2020-Present
District Executive	2018-Present
Branch President	2014-Present
Chair of Communications	2018-Present
Constitution Committee	2019-Present
DAM Chair of Elections	2012-2020
CBC	2011-2014
PAC/EPAC	2007-2013
Provincial Leadership	2018-Present
AMPA Delegate/Alternate	2014-Present
DAM Steering	2020
Strike Captain	



Dedicated

Experienced

Knowledgeable

Esther McCalla for Vice President



- *Chair of District 13 Human Rights Committee
- *D13 Executive – Human Rights Committee
- *Black Advisory Committee Member
- *AMPA Delegate 2022
- *D13 Anti-Oppression & Social Justice Collective Member
- *Grove Secondary Teacher
- *Whitby Diversity and Inclusion Advisory Committee
- *D13 Public Relations Committee Member 2019-2021
- *2nd Vice-President of D13 Occasional Teachers 2013/2014
- *ETFO Social Justice Committee 2013 - 2015

Keeping It Real

Social Justice Begins With Me!

Vote Julia McCrea, She/Elle, for Vice President, OSSTF D13



Experienced leader focused on member protection, support & engagement

Making a difference for members by building alliances & solidarity through political action with community & broader labour movement - Labour Council, OFL, CLC

Long Term Occasional Teacher, OTBU, J. Clarke Richardson Collegiate Branch

Leadership in 2021-2022

- 3rd Vice-President, OSSTF D13, Member, Executive & District Council
- Member D13 Great Cycle Challenge Fundraising for Sick Kids Hospital Cancer Care
- Executive Member, Durham Region Labour Council, Member at Large
- Chair, Professional Development Committee, OSSTF D13
- Women's Advocate, OSSTF D13
- Member, Educational Issues-Political Action Committee, OSSTF D13
- Alternate Delegate to AMPA 2022, Prior Delegate over 10 years
- Branch Rep. to Health and Safety Committee, OSSTF D13
- Treasurer, Occasional Teachers Bargaining Unit, OSSTF D13
- Community and workers' rights advocate supporting marginalized workers, women, youth, retirees, accessibility,



Re-Elect
Rob Walker
for
Vice President

For Experienced, Principled Leadership

- Currently Vice President, District 13 Executive
- Currently Branch President, Uxbridge SS
- Formerly, Secretary, District 13 and 17 Executive
- Formerly, Health & Safety Rep., Uxbridge SS
- Formerly, Collective Bargaining Rep., Uxbridge SS
- Formerly, District 13 AMPA Delegate 1991-2004

**Re-Elect
NICOLE BLÉAU
For District Treasurer**



**COMPETENT
DEDICATED
RESPONSIBLE**

Experience you can trust

**Re-Elect
NICOLE BLÉAU
For Additional TBU
Provincial Councillor**



**EXPERIENCED LEADERSHIP
YOU CAN TRUST**

TBU AMPA DELEGATES

*Number to be elected is determined by
number of members*

Nicole Bléau
Chris Davis
Roger Gordon
Ruth Kam
Esther McCalla
Richard McCormack
Garrett Metcalfe
Kokhulani Yasodaran

Save the date

♦ **May 12**

District & TBU Annual General Meeting

♦ **May 19**

PSSP Annual General Meeting

♦ **May 26**

OTBU Annual General Meeting

Resolutions to Amend the Constitution, Bylaws and Policy of District 13 OSSTF and District 13 OSSTF TBU 2022

According to our Constitution, the resolutions to amend the Constitution, Bylaws and Policy of District 13 OSSTF and District 13 OSSTF TBU must be published to the membership at least 5 weeks in advance of the District Annual Meeting.

Please visit this link to access the proposed amendments: www.d13.osstf.ca/resolutions

ARM Report

Iain Beaton

President, Chapter 13/16

In one respect, it has been a quiet winter for ARM Chapter 13/16. No group events were held. Members of the Executive have been busy, though, attending several virtual meetings – John Pownall and Cyndie Jacobs were at two OSSTF Election readiness meetings, and also are registered for the CPAC regionals March 25-26, 2022. ARM has also been represented at District 16 CPAC meetings, and has a liaison to the D13 CPAC. Chapter 13/16 hopes to have many of its members active in the upcoming provincial election, whether it is encouraging other OSSTF members to vote, or assisting in the campaigns of candidates.

Chapter 13/16 members have taken part in events of the Ontario Health Coalition. Rita More and Iain Beaton attended the Ontario Health Coalition Action Assembly in January, and

Iain logged onto a Durham Health Coalition meeting in February.

To help with needs in the community, Chapter 13/16 will

be making donations to local shelters in the spring. And we intend to have an in-person Annual General Meeting, scheduled for June 8, 2022.



**DID YOU KNOW THAT
OUR WORKPLACE HAS A
*Women's Advocate?***

Your Advocate is someone who can listen and help.

*She will respect your confidentiality and your right to make your own decisions.
She may give advice but won't judge.*

She can help if you are facing violence or abuse in your relationship; are experiencing sexual harassment in the workplace; or need the help of community resources.

**Visit D13 Website
or call
905 668 7100 Ext 30**



WOMEN'S ADVOCATE



WOMEN'S ADVOCATE

District 13 is excited to introduce the OSSTF/FEESO Women's Advocate program. This program was created to support members of OSSTF/FEESO by promoting awareness of domestic violence, and by connecting members who are experiencing domestic violence or who know someone experiencing domestic violence to community services that can help.

Women's Advocates provide:

- confidential support to members to find help when a member or someone in their family is experiencing domestic violence
- information on how to reach a supportive counsellor or a domestic violence worker in their community
- help and contacts to locate legal advice, shelters, or other community resources
- information on types of leaves or assistance available from employer and union
- assistance when dealing with union representatives and/or employer

There are four Women's Advocates in District 13. They are members of OSSTF who volunteer outside of their regular workday to respond to calls for assistance. Advocates have been jointly trained by OSSTF/FEESO and the University of Western Ontario's Centre for Research and Education on Violence Against Women.

For additional information and resources:

See: OSSTF District 13 Website "Women's Advocate Program"

URL: <http://www.d13.osstf.ca/en-CA.aspx>

To contact a Women's Advocate:

- Phone and leave a message at District 13 Office: 905-668-7100 extension 30 or ask to be transferred to the Women's Advocate Program Message Centre
- Calls will be returned 72 hours between the hours of 4 p.m. and 7 p.m. on weekdays.



Here's to Our Final Virtual AMPA!



Garrett Metcalfe *District Representative*

In the fall, we were “cautiously optimistic” that this year we would be able to return to meeting in person for the 2022 OSSTF/FESSO Annual Meeting of the Provincial Assembly. We were hopeful we would all be able to come together to set the federation business for next year, to network and to reconnect with our colleagues throughout the province. By the time we went off for our winter break, we knew we would be returning to a virtual AMPA once again.

As our colleagues prepared to start their March Break, our delegation representing District 13 was preparing for three days in front of computer screens to receive reports, approve resolutions and get a budget passed. Multiple screens up, platforms including CHIME and Zoom open, multiple windows of documents ready for use, our phones on for voting and our own D13 SLACK chat open to support each other – we were up for the task!



The past few AMPA's have been difficult as our provincial federation navigates important and necessary changes to ensure equity and inclusion for all our members. Voices have come forward and clearly articulated the need for change and uncomfortable but necessary conversations are being had. Any institution of silence is troublesome as it is an indication of a culture of fear. AMPA has been far from silent. To Provincial's credit, they are trying very hard and made significant changes in how the business of our assembly is conducted. We also saw glimmers of hope this year as equity-based resolutions were being passed. Without a doubt, Provincial OSSFT has a long way to go but I am hopeful that we will get there.

When we are in provincial spaces, I am reminded that District 13 should be proud of our own anti-oppression, social justice and equity work. Our District continues to be one of the trailblazers and is often a model for how to get things

done. We have been committed to doing the important equity work and will continue to strive to ensure that all have voice and representation in the union.

A huge thank you to our delegation team and alternates who gave up the beginning of their March Break to represent District 13 at AMPA:

Kristen Bennett
Nicole Bléau
Avril Burns
George Chaktsiris
Chris Davis
Tom Dias
Roger Gordon
Richard Hamel
Art Hanke
Jason Himsl
Linda Temple
Esther McCalla
Richard McCormack
Julia McCrea
Stephanie McMahon
Garrett Metcalfe
Modupeola Ojo
Shane Staggs
Alexis Walker
Dick Woudenberg
Kokhulani Yasodaran
Jennifer Young
Mara Zalcmanis

Kitchen Korner

Heather Tyrrell

Communications Rep.

J. Clarke Richardson

The days are getting longer, and hopefully the warmer weather will finally start to creep in a little more which means more enjoyable days outside hopefully! ☺ In a few weeks, the Easter long weekend will be upon us, and we will once again be able to celebrate with family and friends, which for me means I get to cook/bake scrumptious dishes for everyone. So, I want to share with you some recipes I found that I will be making to satisfy the tastebuds of everyone at my dinner table!

<https://www.flippedoutfood.com/roast-beef-tenderloin-with-peppercorn-sauce/>

<https://www.cookingclassy.com/roasted-garlic-mashed-potatoes/#jump-to-recipe>

<https://www.dinneratthezoo.com/glazed-carrots/#recipe>

<https://www.womansday.com/food-recipes/food-drinks/a19810477/no-bake-lemon-tarts-recipe/>



Today's Tip

Control the mess and speed up peeling a pile of garlic cloves by separating them, popping the cloves in a mason jar, and screwing on the lid. Give the jar a good shake and the skins should slide right off, leaving you ready to mince. You can also use the same strategy with two equal-sized bowls, one inverted on top of the other.

Chef Tyrrell

Today's Funny

"My doctor told me I had to stop throwing intimate dinners for four unless there are three other people."

– Orson Welles

Does my car insurance policy cover rental cars?

Provided by OTIP

You've got the keys to your new rental car and are excited to put it in gear to officially mark the start of your vacation. But before you drive off into the sunset, ensure you have the coverage you need. We'll walk you through each insurance option to help you find the coverage that's right for you and your next trip.

Read more at <https://otip.com/article137>.



BLACK ADVISORY COMMITTEE

CALLING ALL BLACK DISTRICT 13 MEMBERS!



Our Black Advisory Committee is now up and running. Join your colleagues in collective to support each other and advocate for changes both within your federation and the education system here in Durham!

Please contact Garrett at garrett.metcalf@d13.osstf.ca or call the office at 905 668 7100 for further information and to inquire about future meeting dates!

Your Voice

Your Space

Your Union

D13 OSSTF PRIDE CELEBRATION!

Fundraiser for Teachers Caring For Teachers
and Durham Pride Prom

Individual Tickets: \$25.00
(Open Seating)
Reserve a table of 8 for \$200.00

Oshawa Royal Canadian Legion – Branch 43
471 Simcoe Street South, Oshawa
Friday, June 17, 2022
Doors Open: 7:00 pm
Showtime: 8:00 pm
19+ Event



Payment to be made by interac e-transfer to
ruth.leone@d13.osstf.ca, password: divas
include full name and contact number.



Highlights of the Lifeworks Program (formerly Posaction)



Nicole Bléau
District Representative

Through their LTD policy, Permanent Teacher members have access to LifeWorks, a free program offering counselling sessions to members and their families as well as many other forms of assistance including mental, physical, social and financial supports. Unfortunately the details of what is available are perhaps not well known to members. All of these services are available free of charge, and many are available at any time, day or night. All services are totally confidential. Here are some of the highlights:

Counselling Services

- 12 hours of counselling per year per user – this means 12 sessions for each member of your immediate family
- This treatment is referred to as “Short-Term Solution-Focused Counselling” – it is goal-oriented, addressing one issue at a time
- 24/7 assistance available for urgent crisis support too

AbilitiCBT

- Therapist-guided CBT (cognitive behavioural therapy) program available digitally, any time, day or night
- Helps reduce your symptoms and build your resilience for a variety of mental health conditions, including anxiety, depression, insomnia and many others

LIFT Session Fitness

- Virtual fitness program
- Custom programs created by certified experts to help you reach your fitness goals
- Live chat with experienced fitness professionals to help you every step of the way

Topic-Specific Toolkits

- Bundles of resources available on various topics
- Assembled resources all in one spot

Featured Articles and Resources

- Search for individual resources on a wide range of topics on family, health, life, money and work issues
- You will find articles, videos, podcasts, assessments and more

CareNow Programs

- Create a personalized login and access personalized supports
- Use the Health Risk Assessment to understand your current health state
- Use the Wellbeing Assessments to become a healthier version of you

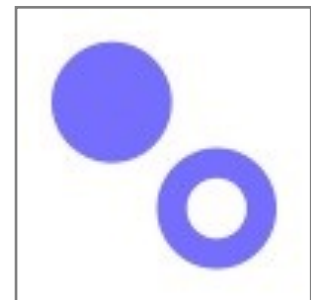
All services are available on their website or on their app.

Here's how to get started:

Call 1 800 668-0193

or visit otiptl.lifeworks.com

or Download the LifeWorks app on the App Store (look for this logo)



Log in with the anonymous username and password below:

Login/Username: Lifeworks1

Password: @OTIPTL123

(case sensitive)



Starling is here for you.



We all deserve easy, helpful support for managing stress, anxiety, burnout and depression. This is why we created our self-guided digital program that is available 24/7, immediate, private and tailored just for you. As simple steps, you can proactively build daily habits that help you better manage your mental fitness and take control of your life and well-being.

How it Works


1

Take a Check-Up

Uncover insights into how you're doing.

How full is your battery?

☐ 100%
☐ 75%
☒ 50%
☐ 25%
☐ 0%




2

Build your skills

Your training sessions adapt to you. Providing you with the skills and tools to improve your mental fitness.

Videos



What do you think?

Add your thoughts here...

3

Connect with Peers

Share your story and find support from peers in our anonymous community.

RubyMerganzer7026
Welcome to the community!

LimeCardinal817 (me)
Thanks! I'm dealing with a lot of stress right now.

RubyMerganzer7026
Me too, I found session two really helpful.

Ready to get started?

Visit member.starlingminds.com

Access code: OSSTFMEMBER

Local Student Wins OSSTF Achievement Award

Congratulations go out to O'Neill CVI student Caitlin Squires and their supporting teacher Christopher Burke. Caitlin was one of 11 winners of the OSSTF Student Achievement Award, earning a \$1,000 prize! Caitlin was a winner at the Regional level, and after placing in the top spot there, moved on to the Provincial level. Competing against entries from all over Ontario, Caitlin came out victorious. Competing in the

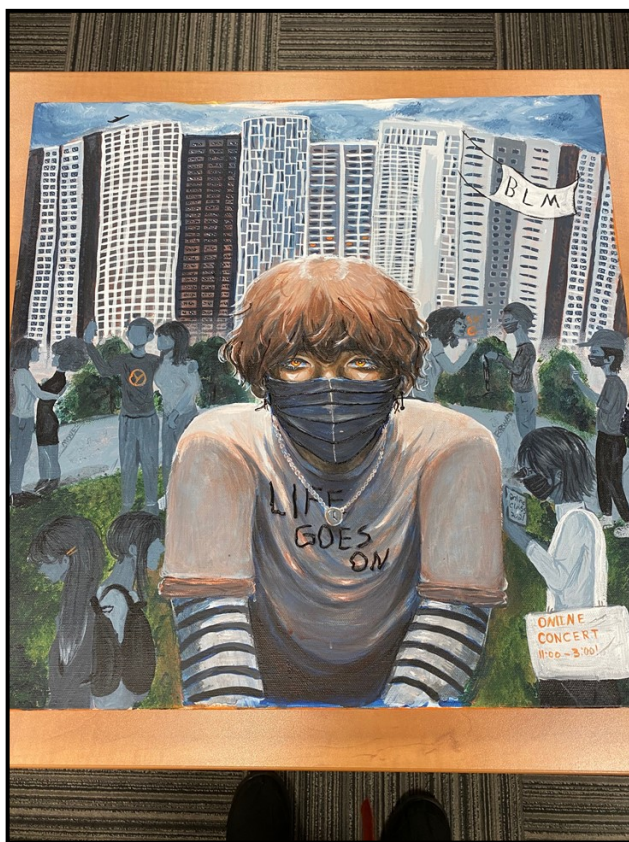
Visual Arts, Senior, Grade 11-12 category, here is how the judges described Caitlin's work:

*Caitlin amazed us with their stunning and detailed acrylic painting. Their piece, **Prism**, was the winner of the Senior 11-12 Visual Arts category. At first glance, the central character is mesmerizing, painted with haunting orange eyes. You then notice that the character is anchored in a prism which*

shows us, the pre-pandemic past, present, and brighter future.

O'Neill CVI had another winner at the Regional level too. Tvisha Patel, supported by teacher Erin Cay, won the Regional title in the Visual Arts, Intermediate, Grade 9-10 category.

Congratulations to both students and their supporting teachers!



Provincial Winner

Prism

Caitlin Squires



Regional Winner

Our World Reimagined

Tvisha Patel



Attention D13 Members



The D13 PD Committee provides up to \$100 to members who attend conferences or workshops or take non-credit courses as self-directed professional development.

Apply using the PD request form by June 1st

<http://www.d13.osstf.ca/pdfunding>

CAREpath

The Health Care Navigation System

CAREpath provides support for our Permanent Teachers and their families when they are faced with a new diagnosis or a recurrent diagnosis of cancer. The support also includes a cancer survivor support program which can assess health risks in order to reduce the risk of recurrence. If you, your spouse or children need this support, call today! Contact the District Office for the LTD Policy #. If you want cancer treatment information for friends and extended family members, you can call the free Cancer Info Line at 1 800 290 5106.

FeelingBetterNow®

Connecting Mental Health Problems to Solutions

Stressed, anxious or depressed?

Go to: feelingbetternow.com/otip



Assess your
mental health



View your
action plan



Access your
self-care
toolbox

Resources in *Your Toolbox* include:



Helping
Yourself



Stress
Reduction



Helping
Others

www.feelingbetternow.com/otip



Upcoming Events for D13—2021-2022 (as currently scheduled)

April 21, 2022	Pregnancy/Parental Leave Workshop, 6-8 pm, Virtual
April 28, 2022	Day of Mourning
May 1, 2022	Steps for Life, 10 am, OPG Darlington/Waterfront Trail
May 5, 2022	Student Award Night, details TBD
May 12, 2022	District & TBU Annual General Meeting 2022, Virtual , details TBD
May 16, 2022	World Education Support Personnel Day
May 19, 2022	PSSP Annual General Meeting 2022, details TBD
May 26, 2022	OTBU Annual General Meeting 2022, details TBD
June 5, 2022	Durham Pride Parade, details TBD
June 10, 2022	District 13 Golf Tourney @ Lyndebrook Golf Course, details TBD
June 17, 2022	Deceiving Divas, 8 pm, Oshawa Legion (see Page 14)
June 26, 2022	Toronto Pride Parade, details TBD

LifeWorks (Formerly Posaction)

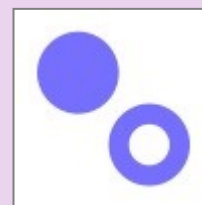
LifeWorks (formerly Posaction) counselling service is available through the OTIP LTD contract for Permanent Teachers. On an annual (calendar year) basis, you can access up to 12 hours of free face-to-face psychosocial counselling for you and your immediate family members. LifeWorks can assist you with work-related, family, personal or dependency problems. At this time, sessions are also available via distance options. As well, there are other web-based services available.

LifeWorks is mentioned on the District 13 website and in each newsletter.

To access LifeWorks, download the app or visit otiptl.lifeworks.com.

Log in with the username and password below:

Login: Lifeworks1 Password: @OTIPTL123



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